

SAINT HELEN'S PARISH 4th SUNDAY OF THE YEAR

(Year C)
3rd February 2019



BE AMBITIOUS FOR THE HIGHER GIFTS

THE WORD THIS WEEK

The Lord who calls us has high expectations of us but doesn't pretend it will be easy: 'Brace yourself for action!' God tells his servant Jeremiah. A prophet's job is to confront us with the truth, challenge our comfortable assumptions, push us beyond the limits of our loving. Jesus knows first-hand the cost of trying this, but he doesn't absolve us from it. Love endures whatever comes.

TODAY'S SCRIPTURE: (Psalter: Week 4)

Jeremiah 1: 4 – 5, 17 – 19.

I have appointed you as prophet to the nations.

Response: Psalm 70.

In you, O Lord, I take refuge;
let me never be put to shame.
In your justice, rescue me, free me:
pay heed to me and save me.

Be a rock where I can take refuge,
a mighty stronghold to save me;
for you are my rock, my stronghold.
Free me from the hand of the wicked.

It is you, O Lord, who are my hope,
my trust, O Lord, since my youth.
On you I have leaned from my birth,
from my mother's womb you have been my help.

My lips will tell of your justice
and day by day of your help.
O God, you have taught me from my youth
and I proclaim your wonders still.



1 Corinthians 12: 31 – 13: 13.

*There are three things that last: faith, hope and love;
and the greatest of these is love.*

Acclamation for the Gospel:
Alleluia, Alleluia. Alleluia!
The Lord has sent me to bring the good news to the poor,
To proclaim liberty to captives.
Alleluia, Alleluia. Alleluia!

Luke 4: 21 – 30.

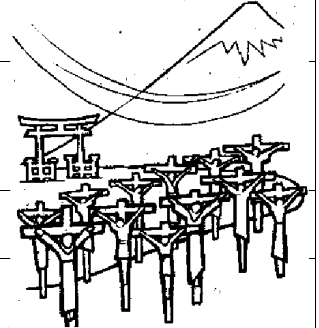
Like Elijah and Elisha, John is not sent to the Jews only.

Prayer of the Faithful: R/. Lord, fill us with your love.



MASS AND SERVICES DURING THE WEEK:

Sat 2nd February	6.30pm	4th SUNDAY of the Year for the People of the Parish
Sun 3rd February	10.30am	4th SUNDAY of the Year for our Schools (Schools Mass)
Mon 4th February	6.45pm 7.00pm	Evening Prayer of the Church Marion Silcox (CH)
Tues 5th February	9.45am 10.00am	Saint Agatha , Virgin and Martyr Morning Prayer of the Church Nick Pearson
Wed 6th February	9.45am 10.00am	Saint Paul Miki and Companions , Martyrs Morning Prayer of the Church Greg Verver Intention. Adoration 2 to 4 pm & 6 to 8 pm
Thurs 7th February	9.45am 10.00am	Morning Prayer of the Church Margaret Carless (S.V.P.)
Fri 8th February	9.45am 10.00am 3.45pm	(Saint Josephine Bakhita day) Morning Prayer of the Church For the Victims of Trafficking Cremation of Tess Thomas (Thornhill)
Sat 9th February	am 5.45 – 6.15pm 6.30pm	Saint Teilo , Bishop The Sacrament of Reconciliation 5th SUNDAY of the Year Mike Trodd (MW)
Sun 10th February	10.30am	5th SUNDAY of the Year Thanksgiving (TT)



THE SACRAMENT OF RECONCILIATION:

Saturday 5.45pm to 6.15pm, or at any time by arrangement with the priest.

CELEBRATING STEPS ALONG THE JOURNEY OF FAITH

CATECHESIS

BAPTISM PREPARATION: To join in the next **Parish Preparation for Parents**, please take the (green) form 'Your Child and Baptism' available in the porch, fill it in and return it to Father. Thank you.

JOINING THE CHURCH AS AN ADULT: To learn more about the Catholic Faith, please come along to the Hall every second Thursday for '**Catholicism, an introduction**'. Next session Thursday 14th February. **Come and See**

Bereaved? BEREAVEMENT SUPPORT provides a safe place to enable you to come to terms with your grief. One-to-one and group support available. For details contact 02920 863450.



SHARING FAITH

SO JESUS DOESN'T DO ANYTHING FOR THE PEOPLE OF HIS HOME TOWN?

NO - IT SEEMS THEY EXPECTED SPECIAL FAVORS.

OR MAYBE THEY COULDN'T HEAR HIM 'CAUSE THEY KNEW HIM WHEN HE WAS A KID... MAYBE...

AND WHO WANTS TO ADMIT THAT THEY MADE FUN OF THE MESSIAH WHEN THEY WERE IN SCHOOL TOGETHER.

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LUKE 4:21-30

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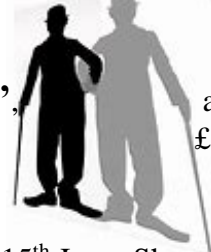
WELCOME TO OUR SCHOOLS: On Sunday morning Mass will be led by the pupils, staff and families of Saint Helen's Primary School and Cardinal Newman High School, who are coming to join with us to pray, celebrate, and grow together in the knowledge and love of God. We are all invited into the Hall after Mass to catch up over a cup of tea or coffee (and biscuits).



Sunday is also the feast of Saint Blaise, so there will be a **BLESSING OF THROATS** after Mass: please queue quietly, as we do in communion.



On Monday evening **MR CROSSE JOINS THE PARISH COUNCIL** to report on the progress and successes of our Primary School (and receive our thanks and congratulations). Any other items for the Parish Council should be sent to josephine.caruana@sky.com.



Forget the snow and slush! Come to see **'My Shadow and Me'**, a vocal duo, in the hall **this** Friday 8th February: Tickets on sale today, or on the door, but bring your own nibbles. £6. Bar and bingo,

FORMING INTENTIONAL DISCIPLES: On Saturday 15th June, Sherry Weddell will be running a day of workshops for the Diocese drawing on her extensive research into the 'thresholds' or 'stages' that people go through when becoming disciples of Jesus Christ. In preparation for her visit to the Diocese, parishes are starting to run 'Forming Intentional Disciples' or 'FID' groups in their parish or region. Because we have Kate Duffin's Wednesday evening series on **The New Testament** running through Lent here, and the Council of Churches Lent Lunches with additional Lent talks on **'Faith in Our Town'**, we will not run a group.

However for those interested the Cathedral is running a group, beginning on Friday 22nd February, 11am to 12.15pm, in the Cornerstone opposite the Cathedral. All are welcome to attend. For more information, please contact madeleine.walters@rcadc.org or fbcallus@aol.com



'Secrets and Death in Abergavenny' a talk by Dr Gill Wakley - Chairman of Abergavenny Local History Society on **The Gunter Mansion in Abergavenny**, a grade II listed building where Saint David Lewis and Saint Philip Evans regularly said Mass in the reformation times: Sunday 17th February, 3 pm, Saint David's Catholic College, Cardiff. All welcome to this free talk put on by @The Wales and Marches Catholic History Society. For further information please contact: Tricia Coulthard, triciacoulthard@outlook.com, 02920 595 899.



PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick or housebound, and those who care for them, including:

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|------------------|----------------|------------------|-----------------|----------------|
| Pamela Griffiths | Teresa Meade | Sheila Harris | Graham Jenkins | Sandra Bray |
| Lloyd Jones | John Maguire | Cecelia Mawby | Pat Emanuelli | David Mabey |
| Dorothy Warmsley | Isobel Cummins | Pauline Richards | Margaret Jones | Claris Howell |
| Carol Morrissey | Martyn Western | Bill Morrissey | Bob Walton | Yvonne Grandon |
| Annette Thompson | Gordon Clinch | Barbara Jones | Margaret Morgan | Nick Erwin |
| Frank Colley | Remo Fecci | Anne Morgan | | |

PLEASE PRAY ALSO for **Tess Thomas** from parklands Nursing Home, who died last Saturday and will be cremated on Friday. We offer our condolence to her family. May she rest in peace.

PRAYER CYCLE FOR OUR DIOCESE: This week we are asked to pray for the Parishioners and Clergy, the Rosminian Fathers, of Saint Alban on the Moors, Splott, Cardiff.

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Mon 4 th February	9.30am 1.15 – 3.15pm 7.30pm 7.30pm	Parents & Toddlers Little Voices S.V.P. (s.m.r.) P.A.C. Meeting
Tues 5 th February	10.30am	Music Appreciation
Wed 6 th February	9.30am	Parents & Toddlers
Thurs 7 th February	7.00am – 11.00am 2.00pm – 4.00pm 6.15pm	Slimming World Sunshine Club Youth Club
Fri 8 th February	1.00pm 7.00pm	History Group Concert: 'My Shadow and Me'
Sat 9 th February	9.30am – 12.30pm	Dance
Sun 10 th February	11.30am 6.00pm	Tea, Coffee, & Biscuits The Night Shelter



OFFERTORY COLLECTION	27 th January 2019
Gift Aid Weekly	£ 89.00
Non Gift Aid Weekly	£ 113.65
Gift Aid Standing Orders (69)	£ 502.04
Non Gift Aid Standing Orders (10)	£ 65.00
Loose	£ 251.29
TOTAL	£1020.98 <i>Many thanks</i>



LOTTERY BONUS BALL CONGRATULATIONS to Sue Sloan, Hilary Newton, and Mike Maloney, the winners of the Bonus Ball no. 2. A total of £55.00 was made for parish funds. **TRY YOUR LUCK AGAIN THIS WEEK.**

THE CATECHISM OF THE CATHOLIC FAITH

Part One: **THE PROFESSION OF FAITH.**

Section One: **'I Believe' – 'We Believe'**

IV. How Can We Speak About God?

(42) God transcends all creatures. We must therefore continually purify our language of everything in it that is limited, image-bound or imperfect, if we are not to confuse our image of God – 'the inexpressible, the incomprehensible, the invisible, the ungraspable' - with our human representations (Liturgy of Saint John Chrysostom.). Our human words always fall short of the mystery of God.

Catechism of the Catholic Church 199

Parish Directory

Priest: Revd. John Kelly 20883192;

Safeguarding Officer: 20864112

Music: 07971848734.

Cafod: 20861930

Saint Helen's School: 20852532

Newsletter items: 20883192

Parish@sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com

Chair of Parish Council: 20860919

SVP: 20883462

Hall Bookings: 20883192

Marriage Care: appointments@marriagecare.co.uk

Cardinal Newman School: 01443 494110

Calendar Additions: calendar@sthelenscaerphilly.com

www.sthelenscaerphilly.com

Bereavement support: 20863450

Piety shop: 20862998

