

SAINT HELEN'S PARISH
23rd SUNDAY of the YEAR

9th September 2018

'THE SEASON OF CREATION'

1st September – 4th October



Courage! Look, Your God is Coming!

THE WORD THIS WEEK

The short rite of 'Ephphetha' in the Baptism ceremony can seem sweetly twee and is thought so unimportant that the Bishops of England and Wales deem it 'optional'. But its origins are in today's Gospel story of Jesus 'opening' the deaf and dumb man. And we hear it (if our ears are open) linked to Saint James' call to class-blindness and an end to discrimination. Still more powerfully Isaiah's prophesy and the psalmist's vision looks forward to it as part of the Messiah's work of restoring creation, liberating the oppressed, and freeing the waters of salvation to flow. Short ceremonies with few words can have great punch: – May the Lord open our ears to hear his word, and our lips to speak his praise!

TODAY'S SCRIPTURE: (*Psalter: Week 3*)

Isaiah 35: 4 – 7.

The ears of the deaf shall be unsealed and the tongues of the dumb shall be loosed.

Response: Psalm 145.

It is the Lord who keeps faith for ever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord who sets prisoners free.

It is the Lord who gives sight to the blind,
who raises up those who are bowed down,
the Lord who loves the just,
the Lord who protects the stranger.

The Lord upholds the widow and orphan,
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's god from age to age.

James 2: 1 – 5.

God chose the poor to be the heirs to the kingdom.

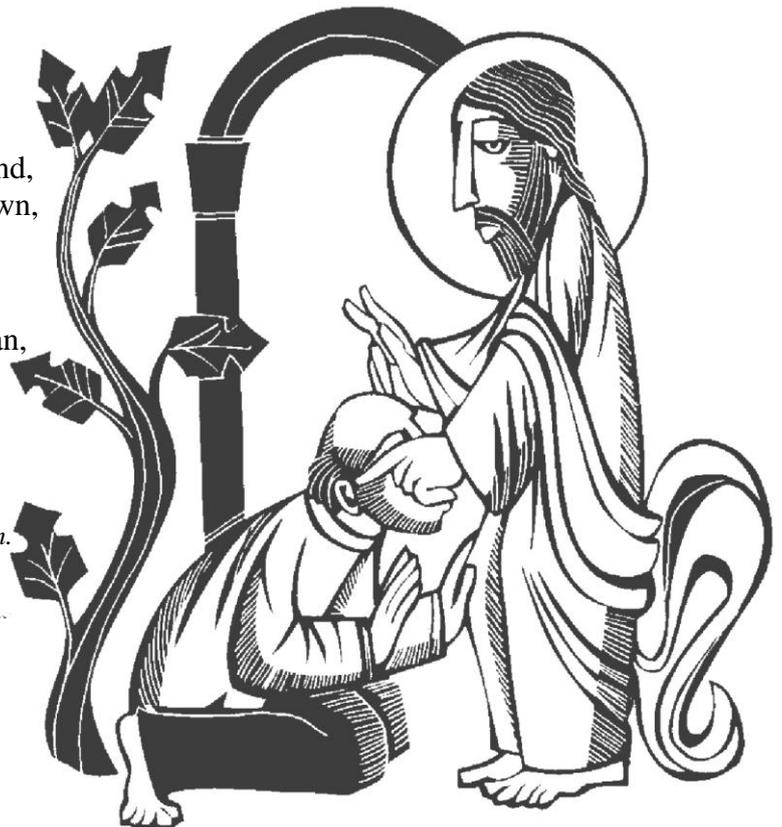
Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!
Speak Lord, your servant is listening:
You have the message of eternal life.
Alleluia, Alleluia. Alleluia!

Mark 7: 31 – 37.

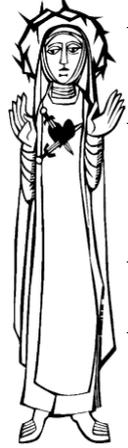
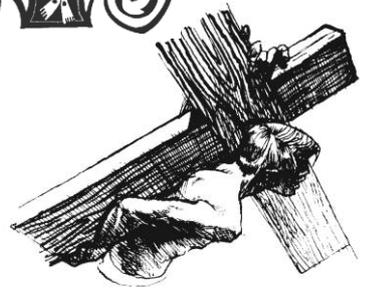
He makes the deaf hear and the dumb speak.

Prayer of the Faithful: R/. Lord, raise up those who are bowed down.



MASS AND SERVICES DURING THE WEEK:

Sat 8 th September	5.30 – 6.15pm 6.30pm	Adoration + Benediction 23rd Sunday of the Year For the people of the Parish
Sun 9 th September	10.30am	23rd Sunday of the Year Grace Donovan (TW) with the Baptism of Sophie Richards
Mon 10 th September	6.45pm 7.00pm	Evening Prayer of the Church May Evelyn McClear (McC)
Tues 11 th September	2.00pm	Saint Deiniol , Bishop Mass for the Sick (in the hall)
Wed 12 th September	9.45am 10.00am	Morning Prayer of the Church Mike Trodd (MJ + AH) Adoration 2 to 4 pm & 6 to 8 pm
Thurs 13 th September	9.45am 10.00am	Saint John Chrysostom , Bishop and Doctor of the Church Morning Prayer of the Church Hazel Bradley (PG)
Fri 14 th September	9.45am 10.00am	THE TRIUMPH OF THE CROSS Morning Prayer of the Church Theresia (VT)
Sat 15 th September	am 5.45 – 6.15pm 6.30pm	Our Lady of Sorrows The Sacrament of Reconciliation 24th Sunday of the Year For the people of the Parish
Sun 16 th September	10.30am	24th Sunday of the Year Aloysius Thomas (TT)



THE SACRAMENT OF RECONCILIATION:

Saturday 5.45pm to 6.15pm, or at any time by arrangement with the priest.

CELEBRATING STEPS ALONG THE JOURNEY OF FAITH

CATECHESIS



A CHILD FOR BAPTISM? To join in the **Parish Preparation for Parents**, starting this Thursday, please take the (green) form 'Your Child and Baptism' available in the porch, fill it in and return it to Father. Thank you.

PREPARING FOR RECONCILIATION AND COMMUNION:

Is your child ready for the next step in the journey of Faith? Preparation for families wishing to bring their children to Sacramental Communion will start on Tuesday (11th September): Registration forms (purple) are available in the porch – your final chance to enrol is today.



SHARING FAITH

JOINING THE CHURCH AS AN ADULT:

To learn more about the Catholic Faith, please come along to the Hall every second Thursday at 7.30pm for 'Catholicism, an introduction'. The next gathering will this Thursday, 13th September.

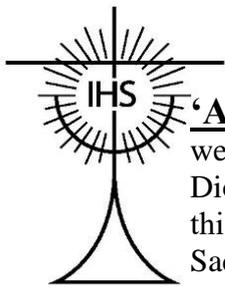
Come and see!

Bereaved? BEREAVEMENT SUPPORT

provides a safe place to enable you to come to terms with your grief. One-to-one and group support available. For details contact 02920 863450.

CAFOD SCHOOL VOLUNTEER TASTER SESSION

- CAFOD is running a taster session open to anyone who wants to find out more about CAFOD's volunteer work in schools and parishes. The session will be held at Saint David's Cathedral in Cardiff on Monday 17 September, 11-4pm. A great way to find out more about CAFOD's educational work, meet other volunteers, unpack resources and see first-hand what this vital role entails. It's an ideal opportunity for those who are interested in becoming a volunteer, but want to find out more first. Please contact CAFOD at southwales@cafod.org.uk or 029 20 344 882 to find out more and book your place.



'ADOREMUS', The National Eucharistic Congress is this **NATIONAL EUCHARISTIC** weekend in Liverpool. Four of our fellow Parishioners joined the **PILGRIMAGE & CONGRESS** Diocesan delegation on Saturday. We are all invited to join as a Parish to **I AM THE BREAD OF LIFE** this celebration and renewal of devotion to Our Lord's presence and nearness to us in the Blessed Sacrament and in our fidelity to his coming among us in the Eucharist.

THE 'PLANNING YOUR FUNERAL SERVICE' enables you to have a final parting which resonates with your faith. Hymns, readings and final resting place can be sorted out by you so that your loved ones are saved the responsibility at a time when they will be grieving over your loss to them. The next session is this Monday, 2.00pm in the Small Meeting Room in the Hall.

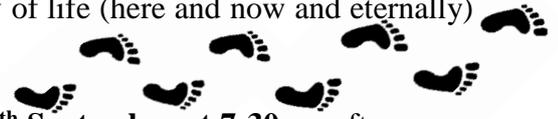


MASS with the SACRAMENT OF THE SICK will be celebrated at 2pm on Tuesday in the hall: All Parishioners are invited and welcome. Sick or housebound and have no transport? –Please contact Louisa on 20866838 for help.

A CHILD READY TO CELEBRATE RECONCILIATION? (And hungry for Communion?) Is your child ready for the next step on the journey of Faith? Preparation for families wishing to bring their children to the Sacraments of Reconciliation and Communion will start this Tuesday (11th September) with a meeting for parents (only) at 7.00pm in the Hall.



IS IT TIME TO PUT OUT INTO THE DEEP (or just dip your toe into the waters of Faith)? The 'Journey of Faith' reopens this Thursday, 7.30pm in the Small Meeting Room in the hall for anyone who wants to find out about the Catholic faith and way of life (here and now and eternally) All are welcome (though it is only a small meeting room)



THE SINGING GROUP will meet again on **Monday 17th September at 7:30pm** after mass. The session lasts no longer than an hour. We welcome new members. You don't have to come and sit at the front on Saturdays or Sundays but just sing from where you normally sit. **Also, you don't need to have a wonderful voice but just a desire to praise God.** We will be learning new music for Christmas so everyone will be starting from the same place.

We are also looking for new members of **THE INSTRUMENT GROUP**. You need to be about grade 4 standard but you don't have to have done the exam. Just come and see Brett or any member of the music group after Mass or text to 07971 848734 if you are interested. You will have all the music to learn in advance so you won't be playing things you haven't already practised.

Macmillan Cancer Support **COFFEE MORNING**, Friday 21st September 10.30 -12.30. Tickets £2 now available.

**WE ARE
MACMILLAN
CANCER SUPPORT**



SAINT JAMES, AGAIN! WHO CHOOSES THESE READINGS! AND WHY?

Bring a picnic lunch to the hall after Mass on Sunday 30th September for a very informal chance to ask questions and discuss how we practice our faith. All ages are welcome, for a family event with opportunity to meet, talk, and play in small groups for an hour or so. This is a chance to ask your questions, share some answers, make suggestions, or just listen.

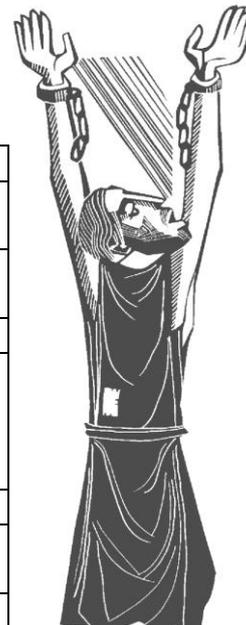
PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick or housebound, and those who care for them, including:

Pamela Griffiths	Teresa Meade	Sheila Harris	Graham Jenkins	Sandra Bray
Lloyd Jones	John Maguire	Cecelia Mawby	Pat Emanuelli	David Mabey
Dorothy Warmesley	Isobel Cummins	Pauline Richards	Margaret Jones	Carol Morrissey
Claris Howell	Tess Thomas	Mary Camwell	Wilson Brown	Martyn Western
Bill Morrissey	Yvonne Grandon	Pauline Thomas		

PLEASE PRAY ALSO for **Clive Howard** who died early on Sunday morning. May he rest in peace. We offer our condolence to his family.

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Mon 10 th September	9.30am 7.30pm	Parents & Toddlers Finance Committee
Tues 11 th September	2.00pm 7.00pm	Mass for the Sick Reconciliation Parents Meeting
Wed 12 th September	9.30am	Parents & Toddlers
Thurs 13 th September	2.00pm – 4.00pm 6.00pm 7.30pm 7.30pm	Sunshine Club Youth Club Cafod Meeting Journey of Faith (S.M.R.)
Fri 14 th September	1.00pm	History Group
Sat 15 th September	9.30am – 12.30pm 1.30pm – 4.30pm	Dance Party
Sun 16 th September	11.30am	Tea, Coffee, & Biscuits



OFFERTORY COLLECTION	2 nd September 2018
Gift Aid Weekly	£ 107.40
Non Gift Aid Weekly	£ 98.66
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 220.10
TOTAL	£ 993.20 Many thanks

A.P.F. Mission Boxes are being collected in throughout September. Please bring yours in to church or pass it to your collector, as soon as possible. Thank you.

LOTTERY BONUS BALL CONGRATULATIONS to Terry ap Hywel and Graham Jenkins, the winners of the Bonus Ball no. 47. A total of £76.00 was made for parish funds. **TRY YOUR LUCK AGAIN THIS WEEK.**

Ministers of Communion ROTAS are available in the porch today.

THE CATECHISM OF THE CATHOLIC CHURCH PROLOGUE.

IV. The Structure of This Catechism Part Four: prayer in the Life of Faith

(17) The last part of the Catechism deals with the meaning and importance of prayer in the life of believers (*Section One*). It concludes with a brief commentary on the seven petitions of the Lord's Prayer (*Section Two*), for indeed we find in these the sum of all the good things which we must hope for and which our heavenly Father wants to grant us.

Parish Directory

Priest: Revd. John Kelly 20883192;

Safeguarding Officer: 20864112

Music: 07971848734.

Cafod: 20861930

Saint Helen's School: 20852532

Newsletter items: 20883192

Parish@sthelenscaerphilly.com

Chair of Parish Council: 20860919

SVP: 20866838

Hall: 20883192

Marriage Care: appointments@marriagecare.co.uk

Cardinal Newman School: 01443 494110

Calendar Additions: calendar@sthelenscaerphilly.com

www.sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com

