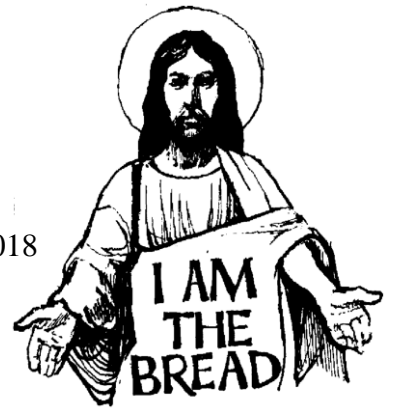


st helen 18th SUNDAY

5th August 2018



I AM THE BREAD OF LIFE.

TODAY'S SCRIPTURE: (Psalter: Week 2)

Exodus 16: 2 – 4, 12 – 15.

I will rain down bread on you from the heavens.

Response: Psalm 77.

The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might.

He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven.

Mere men ate the bread of angels.
He send them abundance of food.
He brought them to his holy Land,
to the mountain which his right hand had won.

Ephesians 4: 17. 20 – 24.

Put on the new self that has been created in God's way.

Acclamation for the Gospel:

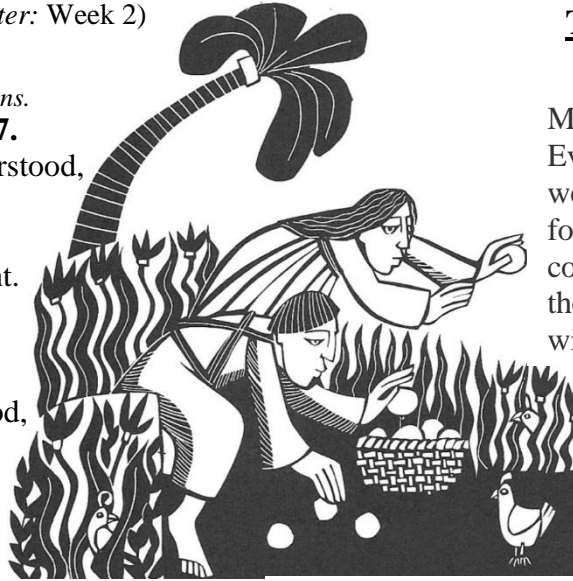
Alleluia, Alleluia. Alleluia!

Man does not live on bread alone,
but on every word that comes from the mouth of God.
Alleluia, Alleluia. Alleluia!

John 6: 24 – 35.

*He who comes to me will never be hungry;
he who believes in me will never thirst.*

Prayer of the Faithful: R/. Lord, feed us.



THE WORD THIS WEEK

Manna from heaven!
Everyone knows about it,
we all look, wait, hope
for it. And we are blessed
constantly and amazed by
the generous abundance
with which God gives it.

But Jesus reminds
the crowds that
God's goodness is
not just to feed our
immediate appetites
here: The many gifts

and graces we rejoice in here and now are also
signs pointing us to the much greater
goodness God has in store for us; the creation
is sacramental. And the fullest sign, the real
Sacrament, is Jesus himself, the Bread of Life.

READING ROTA: The new Rota for
Saturdays and Sundays is now on display. In
an attempt to save printing all the Rotas
(many are not collected) please make a note
of when **you** are reading.
Thankyou, Chris Jones & Berenice Williams

THE NATIONAL EISTEDDFOD is in Cardiff Bay this week – an opportunity to share in many
marvellous moments and enjoy the wealth of cultural talent of our nation and area, including:

OFFEREN YR EISTEDDFOD – the annual Eisteddfod Mass – will be held at the Cathedral
Church of Saint David, Cardiff on August 9th at 6pm. Refreshments afterwards at The Cornerstone. Bilingual
Mass leaflets will be available. All welcome – croeso cynnes i bawb. For further information please contact
Carys Whelan, 01446 772888 carys@caerdelyn.com

Two Trips:

Wednesday 15th August: **ASSUMPTION PILGRIMAGE TO MASS IN PENRHYS**

Saturday 18th August: Quiet Day in **PRINKNASH ABBEY**

This weekend is your Last Chance to Book

MASS AND SERVICES DURING THE WEEK:

Sat 4 th August	6.30pm	18th SUNDAY of Ordered Time For the Priests of our Diocese
Sun 5 th August	10.30am	18th SUNDAY of Ordered Time For the People of the Parish With the Baptism of Caitlyn, Jessica and Elijah Hoy and Caleb Josh Garfin
Mon 6 th August	6.45pm 7.00pm	THE TRANSFIGURATION OF THE LORD Evening Prayer of the Church Brother Theophine Thaliyan (VT)
Tues 7 th August	9.45am 10.00am	Morning Prayer of the Church Bradley Family Intention (PG)
Wed 8 th August	9.45am 10.00am	Saint Dominic, Priest Morning Prayer of the Church Sheila Fitzgerald (BM) ADORATION 2 to 4 pm, & 6 to 8 pm.
Thurs 9 th August	10.00am 10.30am 12.30am	Saint Teresa Benedicta of the Cross, Virgin + Martyr, Patron of Europe Morning Prayer of the Church Mike Trodd (AM) Wedding of Rebecca Williams + Adam Franklin
Fri 10 th August	9.45am 10.00am	Saint Lawrence, Deacon + Martyr Morning Prayer of the Church Sebastian Periera (TT)
Sat 11 th August	5.45pm-6.15pm 6.30pm	Saint Clare, Virgin The Sacrament of Reconciliation – Confessions 19th SUNDAY of Ordered Time For the People of the Parish
Sun 12 th August	10.30am	19th SUNDAY of Ordered Time Grace Donovan (S.V.P.)



SACRAMENT OF RECONCILIATION: Saturday 5.45pm to 6.15pm.

PRAYERS PLEASE: In our prayers we are asked to remember all who are sick or housebound, and all who care for them: “*When I was sick, you visited me*”.

SAINT HELEN’S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Sat 11 th August	11.00 – 5.00pm	Golden Wedding Party
Sun 12 th August	11.30am	Tea, Coffee, & Biscuits

OFFERTORY COLLECTION	29 th July 2016
Gift Aid Weekly	£ 93.90
Non Gift Aid Weekly	£ 96.10
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 132.85
TOTAL	£ 889.89 Many thanks

LOTTERY BONUS BALL:
CONGRATULATIONS to Keith Griffiths the winner of the Bonus Ball no. 4. A total of £94.00 was made for parish funds. **TRY YOUR LUCK AGAIN TODAY**



A CHILD FOR RECONCILIATION (and Communion)? Please pick up a (purple) registration form from the porch and return it to the Parish Office.

Parish Directory

Priest: Revd. John Kelly 20 883192; **Chair of Parish Council:** 20 860919 **Safeguarding Officer:** 20 864112
SVP: 20 866838 **Bereavement support:** 20 863450 **Marriage Care:** appointments@marriagecare.co.uk
Music: 07971848734. **Hall:** 20 883192 **Cafod:** 20 861930 **Piety shop:** 20 862998
Saint Helen’s School: 20 852532 **Cardinal Newman High School:** 01443 494110
Newsletter items: 20 883192 **Calendar Additions:** calendar@sthelenscaerphilly.com
Parish@sthelenscaerphilly.com **www.sthelenscaerphilly.com**
Website Additions: Website@sthelenscaerphilly.com

