

# st helen 20<sup>th</sup> SUNDAY

19<sup>th</sup> August 2018



## *They Live in Me, and I Live in Them.*

### **TODAY'S SCRIPTURE:** (Psalter: Week 4)

#### **Proverbs 9: 1 – 6.**

*Eat my bread, drink the wine I have prepared for you.*

*Response: Psalm 33.*

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad.

Revere the Lord, you his saints.  
They lack nothing, those who revere him.  
Strong lions suffer want and go hungry  
but those who seek the Lord lack no blessing.

Come, children, and hear me  
that I may teach you the fear of the Lord.  
Who is he who longs for life  
and many days to enjoy his prosperity?

Then keep your tongue from evil  
and your lips from speaking deceit.  
Turn aside from evil and do good;  
seek and strive after peace.

#### **Ephesians 5: 15 – 20.**

*Recognise what is the will of God.*

*Acclamation for the Gospel:*

Alleluia, Alleluia. Alleluia!

He who eats my flesh and drinks my blood  
lives in me and I live in him,  
says the Lord.

Alleluia, Alleluia. Alleluia!

#### **John 6: 51 – 58.**

*My flesh is real food and my blood is real drink.*

*Prayer of the Faithful: R/. Lord, feed us.*

### **THE WORD THIS WEEK**

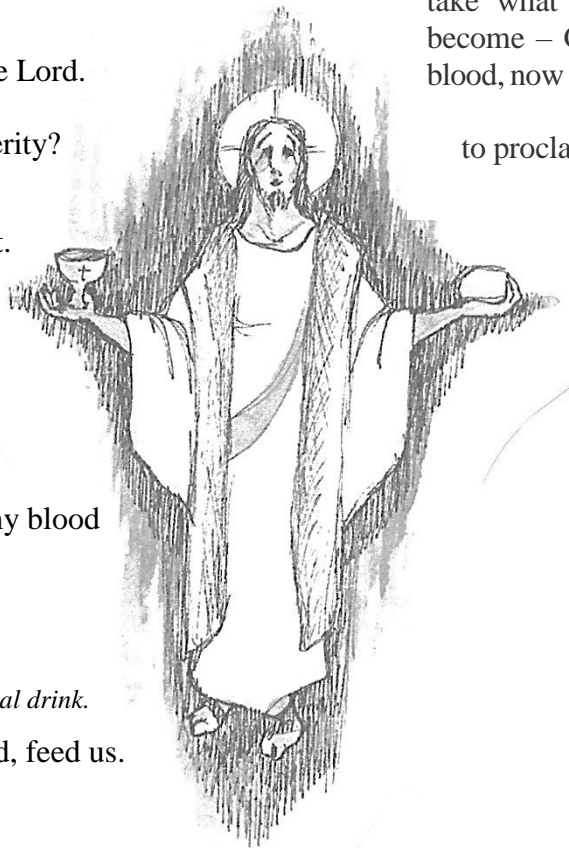
'I am the bread of life'. Jesus repeats it again, for a third week.

This time we are clearly called to sit down together, sing, praise, and eat and drink. This is now clearly about the Eucharist, our gathering in communion, with him in us and us in him: The Communion of the Church, the Body of Christ in which we have life.

But Jesus insists still more on the shocking fleshiness of this sharing: This is not just an idea or image – we have to be right in there, part of it, part of him. So, it all ends with a mission – not just to take and eat, but to

take what we have received and become – Christ's living flesh and blood, now in us – to redeem our age.

'Go in peace,  
to proclaim the Good News of  
Christ'.



**Two Saint:** Today the annual pilgrimage to **SAINT JOHN KEMBLE**, 3pm at Welsh Newton, near Monmouth. Next Sunday, the pilgrimage to **SAINT DAVID LEWIS**, 3pm in Usk.

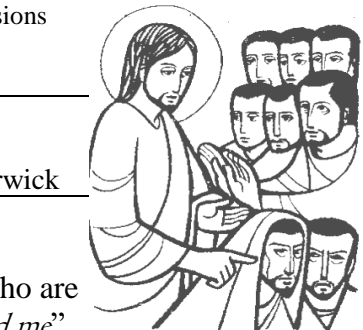
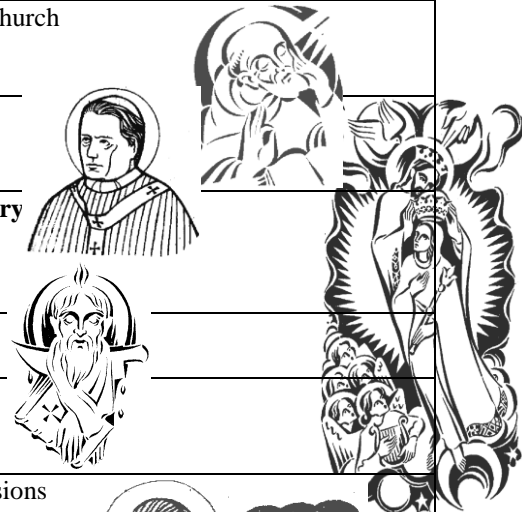
### **A CHILD FOR RECONCILIATION (and Communion)?**

Please pick up a (purple) registration form from the porch and return it to the Parish Office.



## MASS AND SERVICES DURING THE WEEK:

Sat 18 <sup>th</sup> August	<b>6.30pm</b>	<b>20<sup>th</sup> SUNDAY of Ordered Time</b> Glan Jones (MJ)
Sun 19 <sup>th</sup> August	<b>10.30am</b>	<b>20<sup>th</sup> SUNDAY of Ordered Time</b> For the People of the Parish with the Baptism of Sebastian Jones and Oisian Wade
Mon 20 <sup>th</sup> August	6.45pm 7.00pm	<b>Saint Bernard</b> , Abbot and Doctor of the Church Evening Prayer of the Church Gerry Phenis (S.V.P.)
Tues 21 <sup>st</sup> August	9.45am 10.00am	<b>Saint Pius X</b> , Pope Morning Prayer of the Church Kyle, Cecelia, + Anne James (SW)
Wed 22 <sup>nd</sup> August	9.45am 10.00am	<b>The Queenship of the Blessed Virgin Mary</b> Morning Prayer of the Church Joe, Peg, and Shelagh Coll (CC) <b>ADORATION 2 to 4 pm &amp; 6 to 8 pm.</b>
Thurs 23 <sup>rd</sup> August	9.45am 10.00am	Morning Prayer of the Church Terry, Teresa, + Sheila Phillips (A+PJ)
Fri 24 <sup>th</sup> August	9.45am 10.00am	<b>SAINT BARTHOLOMEW</b> , Apostle Morning Prayer of the Church Reverend Marshal Gibbs (R+GF)
Sat 25 <sup>th</sup> August	5.45pm-6.15pm <b>6.30pm</b>	The Sacrament of Reconciliation – Confessions <b>21<sup>st</sup> SUNDAY of Ordered Time</b> For the People of the Parish
Sun 26 <sup>th</sup> August	<b>10.30am</b> <b>1.00pm</b>	<b>21<sup>st</sup> SUNDAY of Ordered Time</b> Jan Bolous (HO) Baptism of Keiron, Jaydon + Cory Warwick



**SACRAMENT OF RECONCILIATION:** Saturday 5.45pm to 6.15pm.

**PRAYERS PLEASE:** In our prayers we are asked to remember all who are sick or housebound, and all who care for them: “*When I was sick, you visited me*”.

OFFERTORY COLLECTION	12 <sup>th</sup> August 2018
Gift Aid Weekly	£ 101.50
Non Gift Aid Weekly	£ 116.37
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 118.95
<b>TOTAL</b>	<b>£ 903.86</b> <i>Many thanks</i>
Llanfair Church Centre, Penrhys	£ 175.09 Thank you

**LOTTERY BONUS BALL:**  
**CONGRATULATIONS** to Christina Watts and Danny McGee, the winners of the Bonus Ball no. 54. A total of £70.00 was made for parish funds. **TRY YOUR LUCK AGAIN TODAY**

**PARISH 200 CLUB:** Renewal letters are ready for collection in the porch. *Not Joined yet!* The organisers, Stuart & Margaret Davidson, Barbara Carley and Olga Fernandez, will be available in the porch at the end of Mass: A profit of £646 was made last year - New members help maximise profits!

Congratulations to all the **CARDINAL NEWMAN ‘A’ LEVEL STUDENTS** who received their results recently. There was a 100% pass rate with nearly all students accepted on their first choice courses at university. These universities included Oxford, Imperial College, Cardiff and Swansea. Well done everyone.

**YOUTH 2000 SUMMER FESTIVAL, Walsingham, 23<sup>rd</sup> – 27<sup>th</sup> August.** For the Bus from Cardiff, go to [rcadc.org/event/walsingham2018](http://rcadc.org/event/walsingham2018) or contact Madeline on [madeline.page@rcadc.org](mailto:madeline.page@rcadc.org)/02920365965.

### Parish Directory

**Priest:** Revd. John Kelly 20 883192; **Chair of Parish Council:** 20 860919 **Safeguarding Officer:** 20 864112  
**SVP:** 20 866838 **Bereavement support:** 20 863450 **Marriage Care:** [appointments@marriagecare.co.uk](mailto:appointments@marriagecare.co.uk)  
**Music:** 07971848734. **Hall:** 20 883192 **Cafod:** 20 861930 **Piety shop:** 20 862998



**Saint Helen's School:** 20 852532 **Cardinal Newman High School:** 01443 494110  
**Newsletter items:** 20 883192 **Calendar Additions:** [calendar@sthelenscaerphilly.com](mailto:calendar@sthelenscaerphilly.com)  
**Parish@sthelenscaerphilly.com** **www.sthelenscaerphilly.com**  
**Website Additions:** [Website@sthelenscaerphilly.com](mailto:Website@sthelenscaerphilly.com)

