

st helen 19th SUNDAY

12th August 2018



BREAD FOR THE JOURNEY.

TODAY'S SCRIPTURE: (Psalter: Week 3)

1 Kings 19: 4 – 8.

Strengthened by the food he walked until he reached the mountain of God.

Response: Psalm 33.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
the humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Ephesians 4: 30 – 5: 2.

Follow Christ by loving as he loved you.

Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!

I am the living bread which has come down from heaven,
says the Lord.

Anyone who eats this bread will live for ever.

Alleluia, Alleluia. Alleluia!

John 6: 41 – 51.

I am the living bread which has come down from heaven.

Prayer of the Faithful: R/. Lord, feed us.

TWO TRIPS: on Wednesday (15th, the Feast of the Assumption, a Holy Day of Obligation) the bus leaves church at **2pm** prompt for the pilgrimage **MASS IN PENRHYS.** (Mass in church is at 7pm)

On Saturday 18th August the bus for the **QUIET DAY in PRINKNASH ABBEY** leaves at **9am** prompt.
Please bring suitable attire, and cash for the café restaurant, or a packed lunch.

And a Saint: Next Sunday the annual pilgrimage to **SAINT JOHN KEMBLE**, 3pm at Welsh Newton.

And a Day for Dogs! on Thursday bring your pets to Mass for the **Saint Roc Blessing** for dogs.

THE WORD THIS WEEK

'I am the bread of life': Jesus repeats his strange and wonderful claim of last Sunday; he takes us further: 'Anyone who eats this bread will live forever'.

A double shock – to 'eat' him; and to 'live forever'.

The second picks up the beautiful story of Elijah, an exhausted refugee strengthened by the bread of angels to reach the 'mountain of God', heaven.

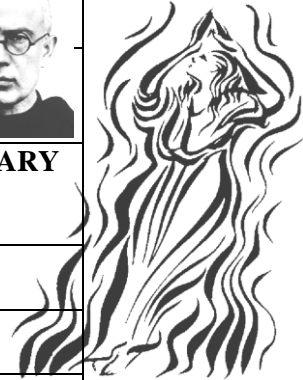
The first has become so familiar to us in Communion that we have almost forgotten the shock, and privilege, of 'eating' Jesus. He is our bread for the journey, from here to eternity.

'Taste and see that the Lord is good!'



MASS AND SERVICES DURING THE WEEK:

Sat 11 th August	6.30pm	19th SUNDAY of Ordered Time For the People of the Parish
Sun 12 th August	10.30am	19th SUNDAY of Ordered Time Grace Donovan (S.V.P.)
Mon 13 th August	6.45pm 7.00pm	Evening Prayer of the Church Mercia Coomes Intention (IS)
Tues 14 th August	9.45am 10.00am	Saint Maximilian Mary Kolbe , Priest and Martyr Morning Prayer of the Church Monica Lovell Intention
Wed 15 th August	3.00pm 7.00pm	THE ASSUMPTION OF THE BLESSED VIRGIN MARY For the Deanery (at Penrys) For the People of the Parish
Thurs 16 th August	9.45am 10.00am	Morning Prayer of the Church Peter Kelly
Fri 17 th August	9.45am 10.00am	Morning Prayer of the Church Luigi Antoniazzi (LA)
Sat 18 th August	5.45pm-6.15pm 6.30pm	The Sacrament of Reconciliation – Confessions 20th SUNDAY of Ordered Time Glan Jones (MJ)
Sun 19 th August	10.30am	20th SUNDAY of Ordered Time For the People of the Parish with the Baptism of Sebastian Jones and Oisian Wade



SACRAMENT OF RECONCILIATION: Saturday 5.45pm to 6.15pm.

PRAYERS PLEASE: In our prayers we are asked to remember all who are sick or housebound, and all who care for them: “*When I was sick, you visited me*”.

SAINT HELEN’S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Sun 19 th August	11.30 am	Tea, Coffee, & Biscuits

OFFERTORY COLLECTION	5 th July 2016
Gift Aid Weekly	£ 145.50
Non Gift Aid Weekly	£ 99.51
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 261.55
TOTAL	£1073.60 <i>Many thanks</i>

LOTTERY BONUS BALL:
CONGRATULATIONS to Graham Taylor, Mike Joslin, and Clare Foster, the winners of the Bonus Ball no. 7. A total of £50.00 was made for parish funds. **TRY YOUR LUCK AGAIN TODAY**

The CAFOD 100 CLUB Quarterly Draw: 1st prize £75 Mrs Christine Roberts (no 22)
2nd prize £50 Mrs Kay Cronin (no 52) 3rd prize £25 J Hartley Headford (no 42). Congratulations!

The Parish 200 CLUB Draw for July: 1st prize £25 Mrs M. Conant (no 18),
2nd prize £20 Mrs F. Ford (no 34), and 3rd prize £15 Mrs R. Bridger (no 43).

A CHILD FOR RECONCILIATION (and Communion)? Please pick up a (purple) registration form from the porch and return it to the Parish Office.



Parish Directory

Priest: Revd. John Kelly 20 883192; **Chair of Parish Council:** 20 860919 **Safeguarding Officer:** 20 864112
SVP: 20 866838 **Bereavement support:** 20 863450 **Marriage Care:** appointments@marriagecare.co.uk
Music: 07971848734. **Hall:** 20 883192 **Cafod:** 20 861930 **Piety shop:** 20 862998
Saint Helen’s School: 20 852532 **Cardinal Newman High School:** 01443 494110
Newsletter items: 20 883192 **Calendar Additions:** calendar@sthelenscaerphilly.com
Parish@sthelenscaerphilly.com **www.sthelenscaerphilly.com**
Website Additions: Website@sthelenscaerphilly.com

