

SAINT HELEN'S PARISH
14th SUNDAY of the YEAR
(‘Sea Sunday’)
8th July 2018



For It Is When I Am Weak That I Am Strong

THE WORD THIS WEEK

As last Sunday's exercise in practical outreach reminded us, prophetic actions like inviting others to grow closer to Christ are little welcomed in one's own country among one's own people, and we are not very good at it. Jesus is amazed. And as he speaks to them of the things of God, his own people are astonished too. But this is what the Spirit calls him to, and us in him. We were baptised to share his ministry as prophet: Are we fulfilling it, or are we the ‘rebels’ the prophets were sent to rebuke? Saint Paul reminds us that our weakness is not a bad thing: It makes room for God's work in us. And we are blessed with a missionary appeal that reminds us that, however weak we feel, we all have a part to play in the work of evangelisation, Good Newsing.

TODAY'S SCRIPTURE: (*Psalter: Week 2*)

Ezekiel 2: 2 – 5.

The sons are defiant and obstinate and they shall know that there is a prophet among them.

Response: Psalm 122.

To you have I lifted up my eyes,
you who dwell in the heavens:
My eyes, like the eyes of slaves
on the hand of their lords.

Like the eyes of a servant
on the hands of her mistress,
so our eyes are on the Lord our God
till he show us his mercy.

Have mercy on us, Lord, have mercy
we are filled with contempt.
Indeed all too full is our soul
with the scorn of the rich, //
with the proud man's disdain.

2 Corinthians 12: 7 – 10.

I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me.

Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!

The Lord has sent me to bring good news to the poor,
to proclaim liberty to captives.

Alleluia, Alleluia. Alleluia!

Mark 6: 1 – 6.

A prophet is despised only in his own country,

Prayer of the Faithful: R/. Lord, show us your mercy.



Ezekiel

Paul



Jesus

MASS AND SERVICES DURING THE WEEK:

Sat 7 th July	6.30pm	14 th Sunday of the Year De Thezy Family (DH)
Sun 8 th July	10.30am	14 th Sunday of the Year For the People of the Parish
Mon 9 th July	7.00pm	Evening Prayer with Word and Communion
Tues 10 th July	10.00am	Morning Prayer with Word and Communion
Wed 11 th July	10.00am	SAINT BENEDICT , Abbot, Patron of Europe Morning Prayer with Word and Communion Adoration 2 to 4 pm & 6 to 8 pm
Thurs 12 th July	10.00am	Saint John Jones , Priest + Martyr Morning Prayer with Word and Communion
Fri 13 th July	9.45am 10.00am	Morning Prayer of the Church Elena Antoniazzi (LA)
Sat 14 th July	5.45 – 6.15pm	The Sacrament of Reconciliation 15 th Sunday of the Year For the People of the Parish
Sun 15 th July	10.30am 2.00pm	15 th Sunday of the Year Hazel Bradley (PG) Baptism of Noah Lancaster



THE SACRAMENT OF RECONCILIATION:

Saturday 5.45pm to 6.15pm, or at any time by arrangement with the priest.

CELEBRATING STEPS ALONG THE JOURNEY OF FAITH

CATECHESIS



A CHILD FOR BAPTISM? To join in the Parish Preparation for Parents, starting this Thursday, please take the (green) form 'Your Child and Baptism' available in the porch, fill it in and return it to Father. Thank you.

PREPARING FOR RECONCILIATION AND COMMUNION: Is your child ready for the next step in the journey of Faith? Preparation for families wishing to bring their children to Sacramental Communion will start on 11th September: To enrol your family, please pick up a registration form from the porch.



SHARING FAITH

JOINING THE CHURCH AS AN ADULT: To learn more about the Catholic Faith, please come along to the Hall every second Thursday at 7.30pm for 'Catholicism, an introduction'. The next gathering will be this Thursday, in the small meeting room. Come and see.

Bereaved? BEREAVEMENT SUPPORT provides a safe place to enable you to come to terms with your grief. One-to-one and group support available. For details contact 02920 863450.

PLANNING MY FUNERAL: The monthly Funeral Planning Surgery will be this Monday, at 2pm in the Hall.

CONGRATULATIONS to Saint Helen's School on its Golden Jubilee, and for the joyful celebrations last Wednesday:- The 60s-dress Sports Day which the gods of rain tried to wash out, and the Jubilee Mass in which the Pupils' singing and Mrs Carter's playing outshone the Archbishop's homily. Thank you to all who worked so hard.



THE ILLTYDIAN: The 'Wales and the Marches Catholic History Society' is trying to put together a full set of copies of the "Illydian", the magazine of St. Illtyd's College, the Catholic grammar school which served pupils from Cardiff, Newport and many other areas during the years 1923 to 1964. The magazine was first produced in 1929 and we are particularly looking for copies from the years before 1939. If you can help it would be much appreciated. Please contact the Secretary - Tricia Coulthard either by Phone - 02920 595899 or email triciacoulthard@outlook.com

WELCOME to **Father David Pember** who this weekend will make a Mission Appeal on behalf of the **Spiritans** (a.k.a. 'the Holy Ghost Fathers). Please be generous in the collection for the missions which will be taken as we leave church.



PLANNING MY FUNERAL: The monthly Funeral Planning Surgery will be this Monday, at 2pm in the Hall.

A FOND FAREWELL TO ELLIOT, next Saturday, 14th July, after the evening Mass: We are all invited to celebrate and mourn with him the passing of his year with us: Maybe he will tell us what he has enjoyed (or what he hasn't); or what he has learnt (for better or for worse): Don't miss the party (but bring some tissues)!

p.s.: Elliot is preaching next weekend: His last instructions to us, (till he returns as PP.)

And to add to a busy weekend, **NEXT SUNDAY MORNING MASS** will be on the lawn behind the church (weather permitting). Bring your folding chairs or camping stools, or picnic rugs to sit as a family on the slope (now renamed 'Holy Hill'). Some solid benches will be provided for older or infirm parishioners. And don't forget the sun-cream for the children.

'SHARE THE JOURNEY' In answer to the Pope's call to us to 'share the journey' with the many refugees still fleeing their homes to find safety and peace, we will have a **shared walk** (round the castle once, or twice, or more) **next Sunday** afternoon, at **3pm**, as part of a global effort to 'walk around the world'. – All the journeys we record will be added to a grand total being gathered by Cafod. This 'Shared Journey' will be used as a powerful message to world leaders meeting in September to seek global agreements on refugees and migration.

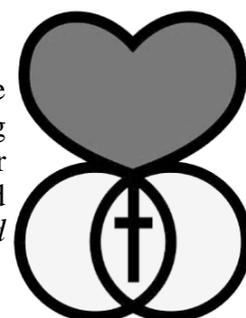
Share the Journey ✿

#sharejourney

For more information, please see opposite or go to www.cafod.org.uk/Campaign/Share-the-Journey

Early Notice: Once again there will be a Deanery **PILGRIMAGE TO PENRHYS**, with the Feast Day Mass at the shrine (or in the chapel in inclement weather) on Wednesday 15th August. There is a list for places on the coach in the porch.

MARRIAGE ENCOUNTER: Enrich your couple relationship! Take advantage of the non-residential weekend in Cardiff on the 1st and 2nd September. However long you have been married, this weekend is the best gift you can give to each other. For more information and to book online go to www.wvme.org.uk or contact Hyacinth and Callista on 07738264176, hycinth@me.com. *'An enrichment weekend for good marriages – Give yourselves and your relationship a treat!'*



PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick or housebound, and those who care for them, including:

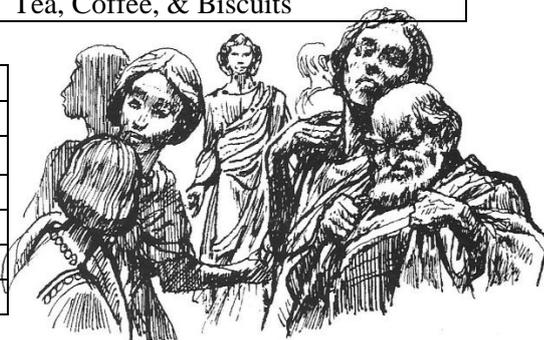
Pamela Griffiths	Teresa Meade	Sheila Harris	Graham Jenkins	Bill Morrissey
Sandra Bray	Jean Kerrigan	Lloyd Jones	John Maguire	Cecelia Mawby
Pat Emanuelli	Dorothy Warmsley	Isobel Cummins	Pauline Richards	David Mabey
Valerie Donovan	Paul Costigan	Margaret Jones	Carol Morrissey	Claris Howell
Tess Thomas	Grace Donovan	Mary Camwell	Wilson Brown	David Warmsley
Martyn Western	Brendan Kelly	Yvonne Grandon		

MAY HE REST IN PEACE: Please pray for the repose of the soul of **Gerry Phenis**, the founding headteacher of Saint Helen's Primary School, who died on Tuesday, just before the celebration of the 50th anniversary of the School. We offer our condolence also to his family.

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Mon 9 th July	9.30am 2.00pm	Parents & Toddlers Funeral Planning Surgery
Tues 10 th July		
Wed 11 th July	9.30am 7.00pm	Parents & Toddlers W.I.
Thurs 12 th July	2.00pm – 4.00pm 6.30pm 7.00pm	Sunshine Club Youth Club Baptism Preparation (in church)
Fri 13 th July	1.00pm 7.00pm	History Group Confirmation Catechists Review
Sat 14 th July	9.30am – 12.30pm 7.30pm	Dance 'Farewell to Elliott'
Sun 15 th July	11.30am	Tea, Coffee, & Biscuits

OFFERTORY COLLECTION	1 st July 2018
Gift Aid Weekly	£ 98.00
Non Gift Aid Weekly	£ 85.60
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 176.32
TOTAL	£ 926.96 <i>Many thanks</i>



LOTTERY BONUS BALL CONGRATULATIONS to Graham Taylor and Margaret Warren, the winners of the Bonus Ball no. A total of £ 75.00 was made for parish funds.

COTSWOLD 100K CHALLENGE WALK raising funds for **BLOODWISE**: And what a challenge it was! Despite the heat and hilly course Ian and Andrew (Karen's husband) set out at 7.30 on Saturday morning. Unfortunately, Andrew despite being patched up by medics, badly blistered feet, was forced to stop at 50k but what an amazing effort that was. Ian completed the course in a surprising 23hrs 54mins. To say we are immensely proud is an understatement. They are both amazed at the amount £7,112.00. raised for the charity Bloodwise, received from family and friends, the many hours training pounding the streets has been well worthwhile. Thank you and God Bless you all.
Johanna Greenaway.

THE CATECHISM OF THE CATHOLIC CHURCH PROLOGUE.

IV. The Structure of This Catechism

(13) The plan of this catechism is inspired by the great tradition of catechisms which build catechesis on four pillars; the baptismal profession of faith (the *Creed*), the sacraments of faith (the *Sacraments*), the life of faith (the *Commandments*), and the prayer of the believer (the *Lord's Prayer*).

Catechism of the Catholic Church 1992



Parish Directory

Priest: Revd. John Kelly 20883192;

Chair of Parish Council: 20860919

Church Student: Elliot Hanson: 20883192;

Safeguarding Officer: 20864112

SVP: 20866838

Bereavement support: 20863450

Cafod: 20861930

Marriage Care: appointments@marriagecare.co.uk

Music: 07971848734.

Hall: 20883192

Piety shop: 20862998

Saint Helen's School: 20852532

Cardinal Newman School: 01443 494110

Newsletter items: 20883192

Calendar Additions: calendar@sthelenscaerphilly.com

Parish@sthelenscaerphilly.com

www.sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com

