

SAINT HELEN'S PARISH
THE BODY AND BLOOD
OF CHRIST
(CORPUS ET SANGUIS CHRISTI)

(9th Week of the Year)
3rd June 2018



This is My Body – This is My Blood

THE WORD THIS WEEK:

The Blood of the Covenant, cast over God's people. Privileged once again to share the Cup, this feast reminds us vividly that it involves Sacrifice, sharing in and even becoming part of Christ's self-giving, pouring out our very life in love for the many, our brothers and sisters; And it involves Covenant, fidelity to him who has chosen and saved us for this ministry and task. Let us share the cup of Christ's Blood, rejoicing in its richness, trembling at its challenge.

TODAY'S SCRIPTURE: (Psalter: Week 1)

Exodus 24: 3 – 8.

This is the blood of the Covenant that the Lord has made with you.

Response: Psalm 115.

How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

O precious in the eyes of the Lord
is the death of his faithful.
Your servant, Lord, your servant am I;
you have loosened my bonds.

A thanksgiving sacrifice I make:
I will call on the Lord's name.
My vows to the Lord I will fulfil
before all his people.

Hebrews 9: 11 – 15.

The blood of Christ can purify our inner self from dead actions.

Acclamation for the Gospel:
Alleluia, Alleluia. Alleluia!
I am the living bread which has come
down from heaven, says the Lord.
Anyone who eats this bread will live for ever.
Alleluia, Alleluia. Alleluia!

Mark 14: 12 – 16, 22 – 26.

This is my body. This is my blood.

Prayer of the Faithful: R/. Lord, give us life in you.



IF YOU ARE THE
BODY OF CHRIST,
HIS MEMBERS

*It is the mystery of yourselves
that is laid upon the altar*

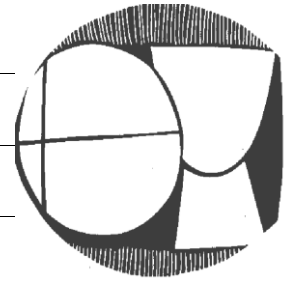
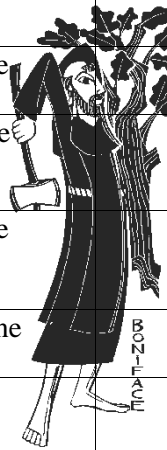
*It is the mystery of yourselves
that you receive*

It is to what you are that you say

AMEN

MASS AND SERVICES DURING THE WEEK:

Sat 2 nd June		The BODY and BLOOD of CHRIST Tony Theseira (TM)
Sun 3 rd June	10.30am	The BODY and BLOOD of CHRIST For the People of the Parish
Mon 4 th June	6.45pm 7.00pm	Evening Prayer of the Church Eithne + Robert Morgan
Tues 5 th June	9.45am 10.00am	Saint Boniface , Bishop and Martyr Morning Prayer of the Church Matthew Kelly (BK)
Wed 6 th June	9.45am 10.00am	Morning Prayer of the Church Dilys Thomas Adoration 2 to 4 pm & 6 to 8 pm
Thurs 7 th June	9.45am 10.00am	Morning Prayer of the Church Victoria Nazath (TT)
Fri 8 th June	9.45am 10.00am	THE MOST SACRED HEART OF JESUS Morning Prayer of the Church Mike Trodd (GJ)
Sat 9 th June	am 5.45 – 6.15pm	The Immaculate Heart of Mary The Sacrament of Reconciliation 10th Sunday of the Year For the People of the Parish
Sun 10 th June	10.30am	10th Sunday of the Year Hazel Bradbury



THE SACRAMENT OF RECONCILIATION:

Saturday 5.45pm to 6.15pm, or at any time by arrangement with the priest.

CELEBRATING STEPS ALONG THE JOURNEY OF FAITH

CATECHESIS

SHARING FAITH

A CHILD FOR BAPTISM? ? To join in the **Parish Preparation for Parents**, please take the (green) form 'Your Child and Baptism' available in the porch, fill it in and return it to Father. Thank you.



JOINING THE CHURCH AS AN ADULT: To learn more about the Catholic Faith, please come along to the Hall every second Thursday at 7.30pm for '**Catholicism, an introduction**'. The next gathering will be this Thursday, in the small meeting room. Come and see.

MARRIAGE At least **6 months notice (preferably 12 months)** must be given, by Church law. *Before making any arrangements please see the priest to avoid any disappointments.* Once you have booked the date for the ceremony, you also need to ring Marriage Care on 0800 389 3801 to book into their preparation.

Bereaved? BEREAVEMENT SUPPORT

provides a safe place to enable you to come to terms with your grief. One-to-one and group support available. Starting this Monday, 6.00pm in the Hall, a chance to meet, talk, and find support. For details contact 02920 863450



Soul of Christ, be my sanctification;
 Body of Christ, be my salvation;
 Blood of Christ, fill all my veins;
 Water of Christ's side, wash out my stains;
 Passion of Christ, my comfort be;
 O good Jesus, listen to me;
 In Thy wounds I fain would hide;
 Ne'er to be parted from Thy side;
 Guard me, should the foe assail me;
 Call me when my life shall fail me;
 Bid me come to Thee above,
 With Thy saints to sing Thy love,
 World without end. Amen.

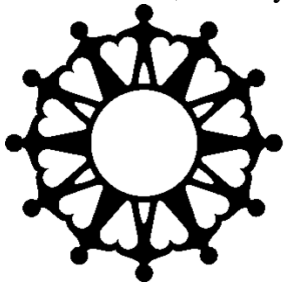
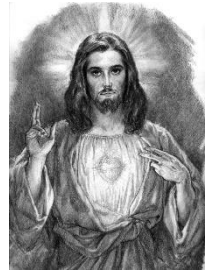
PLEASE PRAY, AND GIVE THANKS TO GOD, for Father Robert James, ordained priest this Saturday in our Cathedral. We pray also for Deacon Peter Davies who will be ordained priest on June 29th, and for Deacon Nicholas Williams who will be ordained priest on July 7th. We remember also all those preparing for priesthood, especially our own seminarian, Elliot.

“How can we repay the Lord for his goodness to us?”

BEREAVED? The Parish Bereavement Group offer an invitation evening on Monday, 6 – 7.30pm in the Small Meeting Room, for all who are coping with or suffering from a bereavement, whether recent or remote.

A PILGRIM PEOPLE: On Monday evening, 7.30pm, we are invited to the Hall to pick and plan a pilgrimage for next year: Holy Land, or Holy Island? Northern Saints, or North Italian cities?

THE PARISH FINANCE COMMITTEE meets on Tuesday 7.00pm in the Hall.



‘SHARE THE JOURNEY’ You are invited to the hall this Thursday, June 7th, at 7pm, to discuss and become part of a proposed walk in support of the refugees and to respond to the ongoing Crisis of which Pope Francis is calling us, and all the world, to become aware.

Share the Journey ✨
#sharejourney

CARDINAL NEWMAN’S “SECOND SPRING”: On Friday 8th June, Archbishop George has invited actor Michael Wade to Cardinal Newman School to recite Blessed John Henry Newman’s Sermon No 10 ‘A Second Spring’. The Archbishop and Mr O’ Sullivan invite parishioners to this unique event. Should you wish to join us at 11.30 on the 8th, please email duffinC@cardinalnewmanschool.co.uk, 01443 494110.

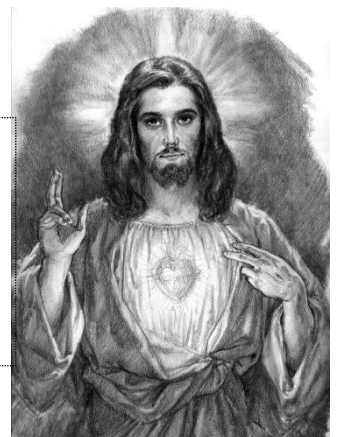
The Wales and the Marches Catholic History Society **ANNUAL STUDY DAY** is on Saturday 9th June in Saint David’s College. ‘Hugh Owen, A Catholic Spy in the Reign of Elizabeth I’ am; ‘Blessed Roger Cadwallador’ pm. All welcome. Contact: Tricia Coulthard - triciacoulthard@outlook.com

PENDYRYS MALE VOICE CHOIR will give a concert in the church this Friday, 7.15pm.

PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick or housebound, and those who care for them, including:

Pamela Griffiths	Teresa Meade	Sheila Harris	Gerry Phenis	Graham Jenkins
Sandra Bray	Jean Kerrigan	Lloyd Jones	John Maguire	Cecelia Mawby
Pat Emanuelli	Dorothy Warmsley	Isobel Cummins	Pauline Richards	David Mabey
Valerie Donovan	Paul Costigan	Margaret Jones	Carol Morrissey	Claris Howell
Tess Thomas	Grace Donovan	Mary Camwell	Wilson Brown	David Warmsley
Martyn Western	Bill Morrissey	Brendan Kelly	Mary Jeffries	

THANK YOU: Norma, Nick, and all the Trodd family would like to express sincere thanks to everyone for their kind messages, love and support when Mike died; Father John for his spiritual help to us all, Bret for the wonderful music, Clare Davies for her beautiful singing and Bernard for reading Mike’s poem. God is love and we were enfolded by it at this time. God bless you all.



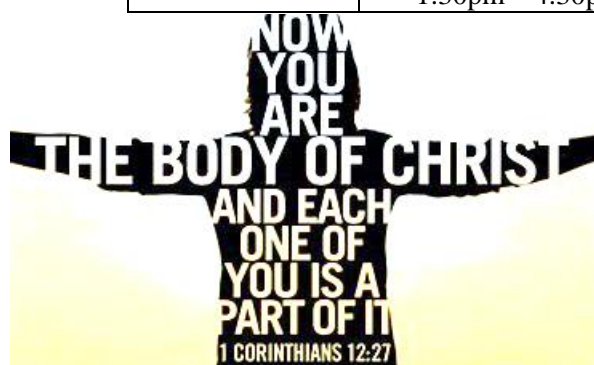
SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Mon 4 th June	6.00pm – 7.30pm 7.30pm	Bereavement Group S.V.P. (s.m.r.)
Tues 5 th June	7.00pm	Funeral Planning Surgery
Thurs 7 th June	2.00pm – 4.00pm 7.00pm 7.30pm	Sunshine Club Share The Journey, with the Pope Mystagogia (s.m.r.)
Fri 8 th June	1.00pm 7.00pm	History Group Pendyrys Male Voice Choir
Sat 9 th June	9.30am – 12.30pm 12.30 – 3.30pm	Dance Party
Sun 10 th June	11.30am 1.30pm – 4.30pm	Tea, Coffee, & Biscuits Party

**YOU
ARE TO BE
TAKEN
BLESSED
BROKEN
DISTRIBUTED**



that the work
of the
INCARNATION
may go
forward.



OFFERTORY COLLECTION	27 th May 2018
Gift Aid Weekly	£ 114.00
Non Gift Aid Weekly	£ 94.07
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 184.76
TOTAL	£ 959.87 <i>Many thanks</i>

LOTTERY BONUS BALL CONGRATULATIONS to Jeanette Thomas, Louise Antoniazzi, and Chris McGowan the winners of the Bonus Ball no. 16. A total of £61.00 was made for parish funds. **TRY YOUR LUCK AGAIN THIS WEEK.**

THE CATECHISM OF THE CATHOLIC CHURCH PROLOGUE.

II. Handing on the Faith: Catechesis

(8) Periods of renewal in the Church are also intense moments of catechesis. In the great era of the Fathers of the Church, saintly bishops devoted an important part of their ministry to catechesis. Saint Cyril of Jerusalem and Saint John Chrysostom. Saint Ambrose and Saint Augustine and many other Fathers wrote catechetical works that remain models for us. (Cf. CT. 12.)

Catechism of the Catholic Church 1992

Parish Directory

Priest: Revd. John Kelly 20883192;

Chair of Parish Council: 20860919

Church Student: Elliot Hanson: 20883192;

Safeguarding Officer: 20864112

SVP: 20866838

Bereavement support: 20863450

Cafod: 20861930

Marriage Care: appointments@marriagecare.co.uk

Music: 07971848734.

Hall: 20883192

Piety shop: 20862998

Saint Helen's School: 20852532

Cardinal Newman School: 01443 494110

Newsletter items: 20883192

Calendar Additions: calendar@sthelenscaerphilly.com

Parish@sthelenscaerphilly.com

www.sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com



Saint Helen is a Parish of the Archdiocese of Cardiff, a Registered Charity.