

# SAINT HELEN'S PARISH PALM SUNDAY OF THE PASSION OF OUR LORD

Season of Lent + Easter  
25<sup>th</sup> March 2018

He was humbler yet, even to accepting death,  
death on a cross.

## What is happening, this 'Holy Week'?



### *Palm Sunday*

Today we bless branches (palms, or others) and process into church together: So we begin the week-long procession following the way of Jesus. This **Holy week** is the high point of our year, the completion and the new beginning of our celebration and living in Christ, the renewal and celebration of our covenant life. It is a week in two halves: In the first half, starting today, we complete our Lenten preparation, of 'dying to sin', so that in the second half, the 'great Three-Days' we can rise to new life with Christ and in him. So ....



**A COLLECTION for the S.V.P.** as we leave Mass today.  
Please support this worthy cause with your usual generosity. Thank you.

**A SPRING CLEAN FOR THE CHURCH,** This Sunday, after Mass: all regular cleaners, and all who want the church building to be as ready and clean as our Lenten hearts, are asked to come to give a thorough clean through in preparation for Easter.

**MUSIC and SINGING PRACTICE** Monday 7.00pm in Church:  
Thank you to the singing group, who have been preparing all through lent.

**ALTAR SERVERS PRACTICE** Tuesday 6.00pm in Church.

**THE MASS OF THE CHRISM** Wednesday 11.30am, in Saint David's Cathedral, Charles Street, Cardiff, the occasion when the whole Diocesan Church gathers in prayer.



### **LENT: Season of FORGIVENESS and RECONCILIATION.**

To complete and seal our Lenten Observance, we will celebrate the **SACRAMENT of RECONCILIATION**, on **Wednesday 6 – 8pm.** **Last chance for Confession!**

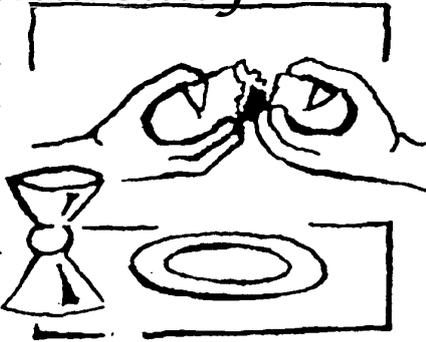
~ In the **second half** of the week we move into .....

# The Great Three-Days of Easter

(Triduum)

## Maundy Thursday

The word "Maundy" is from the Latin word for "command": This night we recall Christ's command to do what he did at the last supper: He washed the feet of his disciples, as a sign of service. If we wash feet in our liturgy it is not as



play-acting or as a welcome diversion from the praying: It is a sign that we want, and are beginning, to serve all our brothers and sisters just as Christ himself did.

The second part of our celebration this night is "Eucharist", thanksgiving. We remember that Jesus gave us bread and wine to be his Body and Blood this day. Strangely enough, the washing of the feet and the breaking of bread are inseparably linked. Only if we agree to serve each other can we share communion. Attending the Mass of the Lord's Supper is an invitation to be nourished by the food of life. But it also involves a commitment to become part of a community that grows by loving.

**THE MASS OF  
OUR LORD'S SUPPER** **7.30pm**

*Followed by: Watching with Our Lord*  
*ending with: Compline* **11.45pm**

## Good Friday

On Good Friday Jesus Christ gave his life for us. Though innocent, by allowing himself to be a scapegoat he showed the depth of his love. His example of love unto death shows us how we are to live in service and love for each other.

A day of fasting and abstinence, in eager anticipation of Easter.

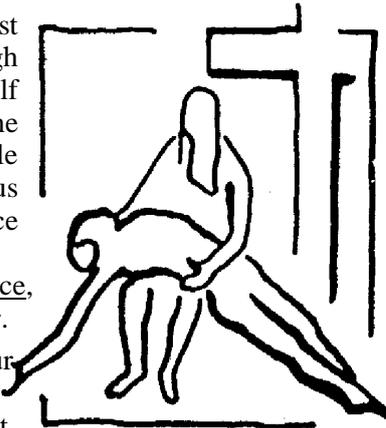
But if we just felt sad, that our sin put him on the cross, then we would be missing the point.

Good Friday is not meant to make us feel bad. On 'Good' Friday we remember that we are sinners, but we also glory in the victory that Christ has won over sin and death, to set us free. This is not acting out a 'passion play'; we gather to celebrate, knowing that Christ rose from the dead. So even on Good Friday we rejoice in the triumph of good over evil.

Morning Prayer of the Church & Readings **10.00am**  
"Pop-up" Way of the Cross **12 noon**

**THE CELEBRATION OF  
OUR LORD'S PASSION** **3.00pm**

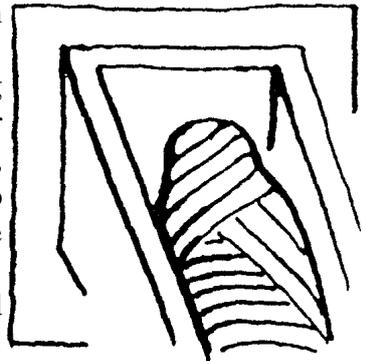
Evening Way of the Cross **7.00pm**



# Holy Saturday

We continue our fasting in excited anticipation until ... The Easter Vigil, waiting and watching, starts after nightfall. This is the time, above all others, for us to recommit and dedicate ourselves again in faith.

An Easter fire is lit, and lights up every thing around.



From it, we light the Easter Candle. The Candle is solemnly carried into church as the sign of the Light of Christ which overcomes the darkness of sin and death. In that light we read the story of what God has done for us from the dawn of creation until today, in the Scriptures and the Covenants. New Christians are Baptised, and we all renew our faith, and our Baptism into the Risen Christ. And so we go forward together to share in the food and drink of Life.

As we make our prayers and sing our praises, our hope is that the Holy Spirit will free in our lives the full power of Christ's Rising from the Dead.

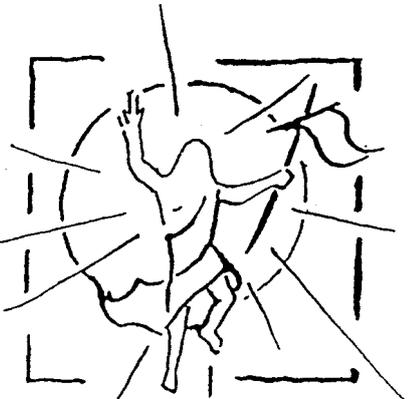
Morning Prayer of the Church & Readings **10.00am**

**THE EASTER VIGIL + MASS OF  
OUR LORD'S RESURRECTION**

**8.30pm**

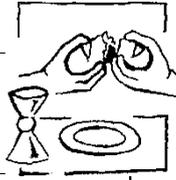
**EASTER MORNING MASS** **10.30am**  
*Just the beginning .....*

For those who can't join in the great Vigil and First Mass of Easter, the Sunday Mass in the morning ends our three-day feast, closing what is the "Great Week". and so we begin the fifty days of Easter leading us to PENTECOST. So much happens in this week that it will take us



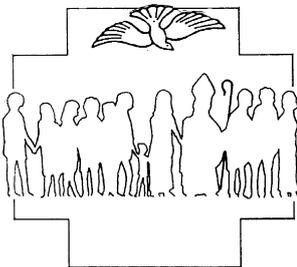
another 51 weeks to even scratch the surface of what it all means. We will see the symbols of water, oil, light, bread, wine, love, and life again and again at different times throughout the year, and the mystery of Christ's dying and rising will become that pattern in our lives that will keep coming back to amaze us as the weeks go by. God always promises and gives us more than we expect, so let us try to put no limits on our worship and our joy.

## MASS AND SERVICES DURING THE WEEK:

Sat 24 <sup>th</sup> March	<b>6.30pm</b>	<b>PALM SUNDAY of OUR LORD'S PASSION</b> Pauline Camwell (SVP)	
Sun 25 <sup>th</sup> March	<b>10.30am</b>	<b>PALM SUNDAY of OUR LORD'S PASSION</b> For the People of the Parish	
Mon 26 <sup>th</sup> March	6.45pm 7.00pm	Evening Prayer of the Church Jan Bolus (MB + AJ)	
Tues 27 <sup>th</sup> March	9.45am 10.00am	Morning Prayer of the Church Harold + Johanna Jones (P + PJ)	
Wed 28 <sup>th</sup> March	11.30am  6.00 – 8.00pm	<b>The MASS of the CHRISM</b> , Saint David's Cathedral Adoration 2 to 4 pm & 6 to 8 pm The Sacrament of Reconciliation	
Thurs 29 <sup>th</sup> March <i>Maundy Thursday</i>	<b>7.30 pm</b> 8.30pm – 11.45pm 11.45pm	<b>THE MASS OF THE LORD'S SUPPER</b> Watching with Christ in the Place of Repose, in the Hall Compline (night Prayer of the Church)	
Fri 30 <sup>th</sup> March <i>Good Friday</i>	10.00am 12.00 noon <b>3.00pm</b> 7.00pm	The Office of Readings and Morning Prayer of the Church 'Pop-up' Stations, starting outside Morisons <b>THE CELEBRATION OF OUR LORD'S PASSION</b> The Way of the Cross	
Sat 31 <sup>st</sup> March <i>Holy Saturday</i>	10.00am <b>8.30pm</b>	The Office of Readings and Morning Prayer of the Church <b>THE SOLEMN VIGIL AND MASS OF THE RESURRECTION OF OUR LORD</b>	
Sun 1 <sup>st</sup> April <i>Easter Sunday</i>	<b>10.30am</b>	<b>MORNING MASS OF THE RESURRECTION</b> For the People of the Parish	

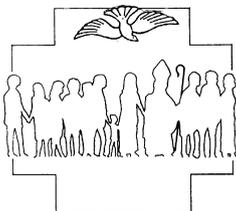
## THE SACRAMENT OF RECONCILIATION:

**Wednesday 6.00pm to 8.00pm**, or at any time by arrangement with the priest.



**THE MASS OF THE CHRISM** will be celebrated in the Cathedral on **Wednesday 28<sup>th</sup> March**, 'Spy Wednesday' at **11.30am**. At the Chrism Mass the Bishop, Priests, and People of the Diocese gather as the Local Church about to be re-formed in the Easter mysteries; The Holy Oils are blessed for the celebration of the Sacraments and the sustaining of the Church's life through the coming year.

At the **MASS OF THE LORD'S SUPPER** on **Maundy Thursday** we traditionally have an extended Offertory Procession with everyone bringing '**GIFTS FOR THE POOR**'. We are all invited to bring foodstuffs (dry or non-perishable) for the Food Bank and for the S.V.P. to distribute to others in need. The collection, added to our Lenten Alms, will be for Sister Ruth's work with the Syrian Refugee families being housed in our Diocese.



And on Good Friday morning '**POP-UP**' STATIONS OF THE CROSS: Weather permitting, we are invited to turn up outside Morisons at 12 noon: An image of the first 'station' will be held up, someone will read an explanation from the Gospel and a prayer, and we will set off on a Way of the Cross through the shopping centre, stopping briefly at 'stations' where they 'pop-up'. All are welcome to join in this prayer and witness.

**PARISH PRAYER LIST:** In our prayers we are asked to pray for all who are sick or housebound, and those who care for them, including:

Pamela Griffiths	Teresa Meade	Sheila Harris	Gerry Phenis	Graham Jenkins
Sandra Bray	Jean Kerrigan	Lloyd Jones	John Maguire	Cecelia Mawby
Pat Emanuelli	Dorothy Warmsley	Isobel Cummins	Pauline Richards	David Mabey
Valerie Donovan	Paul Costigan	Margaret Jones	Carol Morrissey	Claris Howell
Tess Thomas	Grace Donovan	Mary Camwell	Wilson Brown	David Warmsley
Martyn Western	Bill Morrissey.			

## SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Mon 26 <sup>th</sup> March	9.30am	Parents & Toddlers
Tues 27 <sup>th</sup> March	10.30am 6.30pm	Music Appreciation Communion Preparation Parents
Wed 28 <sup>th</sup> March	9.30am 7.00pm	Parents & Toddlers W.I.

OFFERTORY COLLECTION	18 <sup>th</sup> March 2018
Gift Aid Weekly	£ 110.10
Non Gift Aid Weekly	£ 51.56
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 136.93
<b>TOTAL</b>	<b>£ 865.63</b> <i>Many thanks</i>



**OFFERTORY ENVELOPES** for 2018/19 are now available at the back of church. Standing Order forms also available if you wish to change your method of supporting our Parish.

**LOTTERY BONUS BALL CONGRATULATIONS** to Gina Jenkins and Ann Morgan, the winners of the Bonus Ball no. 45. £59.00 made for parish funds. No winner on the third sheet.

**A.P.F. (red) MISSION BOXES** are emptied during March. Please bring in yours a.s.a.p.

Tickets for the **MANDY STARR Concert** on Friday 6<sup>th</sup> April on sale today! Ask Bernard.

**CELEBRATE**, the Wales Charismatic Conference Weekend this year is 21<sup>st</sup>/22<sup>nd</sup> April, in Cardiff. For details and registration, please see the poster in the porch.

**WELSH NATIONAL PILGRIMAGE TO LOURDES** – 22<sup>nd</sup> – 27<sup>th</sup> June, by air from Cardiff, led by the Archbishop. For details see the poster in the porch, or contact Joe Walsh Tours, 02920 003865, info@joewalshstours.co.uk

### CHRISTIAN PRAYER.

Section Two: **The Lord's Prayer: 'Our Father'** Article 3: **The Seven Petitions.**

VI. 'But Deliver Us From Evil'

(2853) Victory over the 'prince of this world' (*John 14: 30.*) was won once for all at the Hour when Jesus freely gave himself up to death to give us his life. This is the Judgement of this world and the prince of this world is 'cast out'. (*John 12: 31; Revelations 12: 10.*) 'He pursued the woman' (*Revelations 12: 13 – 16.*) but had no hold on her: the new Eve, 'full of grace' of the Holy Spirit, is preserved from sin and the corruption of death (the Immaculate Conception and the Assumption of the Most Holy Mother of God, Mary, ever virgin). 'Then the dragon was angry with the woman and went off to make war on the rest of her offspring. (*Revelations 12: 17.*) Therefore, the Spirit and the Church pray: 'Come, Lord Jesus', (*Revelations 22: 17.20.*) since his coming will deliver us from the Evil One.

*Catechism of the Catholic Church 1992*

### Parish Directory

**Priest:** Revd. John Kelly 20883192;

**Church Student:** Elliot Hanson: 20883192;

**Bereavement support:** 20 863450

**Music:** Brett Pugh 07971848734.

**Cafod:** 20861930

**Hall:** 20883192

**Chair of Parish Council:** Graham Taylor 20860919

**Safeguarding Officer:** 20864112

**SVP:** 20866838

**Marriage Care:** appointments@marriagecare.co.uk

**Piety shop:** Norma Bromily 20862998

**Saint Helen's School:** 20852532

**Cardinal Newman School:** 01443 494110

**Newsletter items:** 20883192

**Calendar Additions:** calendar@sthelenscaerphilly.com

**Parish@sthelenscaerphilly.com**

**www.sthelenscaerphilly.com**

**Website Additions:** Website@sthelenscaerphilly.com

