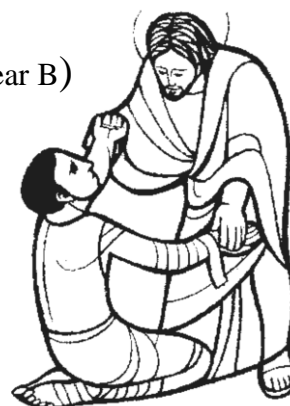


SAINT HELEN'S PARISH

1st SUNDAY of the Year (year B)

11th February 2018



“Of course I Want to – Be Cured!”

THE WORD THIS WEEK

‘Unclean, Unclean!’ We live in a world of division and exclusions (and sometimes do some of it ourselves). Jesus doesn’t just feel sorry for the aloneness of the leper: The greek original says he is ‘guttled’; he breaks the rules to stretches out his hand and restore the man’s human contact, break down the barriers. But it costs him. However like Paul, Jesus is ‘not anxious for his own advantage, but for everybody else, so that they (we) may be saved.’ Even to the extent of taking our place as the outsider, the excluded, so that we may be included in the Father’s love.

TODAY’S SCRIPTURE: (Psalter: Week 2)

Leviticus 13: 1 – 2, 44 – 46.

The leper must live apart: he must live outside the camp.

Response: Psalm 31.

Happy the man whose offence is forgiven,
whose sin is remitted.

O happy the man to whom the Lord//
 imputes no guilt,
in whose spirit is no guile.

But now I have acknowledged my sins;
my guilt I did not hide.
I said, ‘I will confess my offence to the Lord’.
And you, Lord, have forgiven//
 the guilt of my sin.

Rejoice, rejoice in the Lord,
exult, you just!
O come ring out our joy,
all you upright of heart.

1 Corinthians 10: 31 – 11: 1.

Take me for your model, as I take Christ.

Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!

May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we ca see what hope his call holds for us.

Alleluia, Alleluia. Alleluia!

Mark 1: 40 – 45.

The leprosy left him at once and he was cured.

Prayer of the Faithful: R/. Lord, graciously hear us.



MASS AND SERVICES DURING THE WEEK:

Sat 10 th February	6.30pm	6th Sunday of the Year Betty Shaughnessy (MS)
Sun 11 th February	10.30am	6th Sunday of the Year Jenny Seymour
Mon 12 th February	6.45pm 7.00pm	Evening Prayer of the Church Private Intention (TT)
Tues 13 th February	9.45am 10.00am	Morning Prayer of the Church Alice Jones (LA)
Wed 14 th February	10.00am 7.00pm	ASH WEDNESDAY Service of the Word with Ashes For the People of the Parish Adoration 2 to 4 pm & 6 to 7 pm
Thurs 15 th February	9.45am 10.00am	Morning Prayer of the Church Ann Head Private Intention (MMJ)
Fri 16 th February	6.30am 7.00pm	For a good Lent Way of the Cross (Saint Catherine's Church)
Sat 17 th February	5.45 – 6.15pm 6.30pm	The Sacrament of Reconciliation 1st Sunday of Lent For the People of the Parish
Sun 18 th February	10.30am	1st Sunday of Lent Adrian Walsh (GD)



THE SACRAMENT OF RECONCILIATION:

Saturday 5.45pm to 6.15pm, or at any time by arrangement with the priest.

From 21st February to 14th March the Sacrament will also be celebrated on Wednesdays from 3 till 4pm. On 21st and 28th March the Sacrament will be from 7 till 8pm on Wednesdays.

CELEBRATING STEPS ALONG THE JOURNEY OF FAITH

CATECHESIS – SHARING FAITH

A CHILD FOR BAPTISM? The Parish **PREPARATION for BAPTISM** continues on Wednesday evening. If you have missed this series, please take the (green) form 'Your Child and Baptism' available in the porch, fill it in and return it to book in to the next Preparation, which will start on 21st February.



Preparing for COMMUNION: The Parents of Families preparing for Communion come together this Tuesday, 13th February, 6.30pm in the Hall, *without the children*. For they are 'the first, and best, teachers of their children'

PREPARING for CONFIRMATION continues this Thursday, 15th February, at 6.45pm in church. The candidates are asked to bring their parents to join the meeting and see what they are doing this week.



MARRIAGE At least **6 months notice (preferably 12 months)** must be given, by Church law. *Before making any arrangements please see the priest to avoid any disappointments.* Once you have booked the date for the ceremony, you also need to ring Marriage Care on 0800 389 3801 to book into their preparation.

Bereaved? BEREAVEMENT SUPPORT provides a safe place to enable you to come to terms with your grief. One-to-one and group support available. For details contact 02920 863450.

LENTEN READING: *Easy* – 'Walk With Me' daily meditations for Lent; 50p in the porch.
More challenging – The Gospel according to Saint Mark.
Serious study – The Acts of the Apostles, or a Letter of Saint Paul.

CATECHESIS – SHARING FAITH

ASH WEDNESDAY this week begins the great double season of **LENT+EASTER**.

There will be a Liturgy of the Word with Distribution of Ashes at 10am, and a Mass with Distribution of Ashes at 7pm. (Please remember: This is a day of fast and abstinence.) So we set out on these 40 days to renew our faith in preparation for the (re)Baptism of Easter, and 50 more glorious days to catch the Spirit of Pentecost. Gird up your loins for

LENT - lengthening - to EASTER

EARLY MORNING MASS for Fridays in **WAY OF THE CROSS** each Friday Lent; 6.30am (followed by breakfast in the hall) 7pm: This week in Saint Catherine, Mill Rd.

LENTEN FRIDAY LUNCHESES: Soup and Bread, and a chat, 12 – 1pm. This Friday in Wesley Methodists: everyone is welcome. On March 16th it is the turn of our parish to help serve lunches, in Van Road church. If you can help serving please sign the list on the board.

“The RITE of ELECTION” ? In our Cathedral (Saint David, Cardiff), 3pm next Sunday. **? ‘Election’ ?** It is God who chooses and picks us, and brings us, in the Body of Christ, his Church, to Life (eternal) with him. This is what we celebrate, with the Bishop, each First Sunday of Lent with all those (‘Catechumens’) preparing for Easter Baptism in the Diocese. This year we have no catechumen to bring, but we will present **Dawn Owen**, a Baptised Christian, to him for acceptance as a Candidate for Easter Communion. Please pray for her, and come to the Cathedral next Sunday afternoon to pray and celebrate with all who are being called and elected as new Christians and new Catholics.



Or Why Not Do **SOMETHING DIFFERENT?** ‘40 Days for Life’ will hold a prayerful picket in Saint Mary Street, Cardiff, on the pavement outside Elgin House, the abortion facility, from 14th February (Ash Wednesday) until 25th March (Palm Sunday). Could you volunteer for AN HOUR (between 11.00a.m. to 4.00p.m), just once, or regularly? Please contact Janet on 07901713077 or jelthomas@btinternet.com.

And **LENT FOR THE MIND?** How about less ‘Junk’ (TV, mags, Social media) Food’ and displacement busy-ness. Giving time for a bit more ‘Doing’: Bible Reading (Saint Mark, at half a chapter a day?) (or a papal encyclical letter) (or a catholic paper?). Or regular time to do Prayer, weekday Mass, Adoration, Way of the Cross, or just Silence?

Turn away from sin and be faithful to the Gospel.

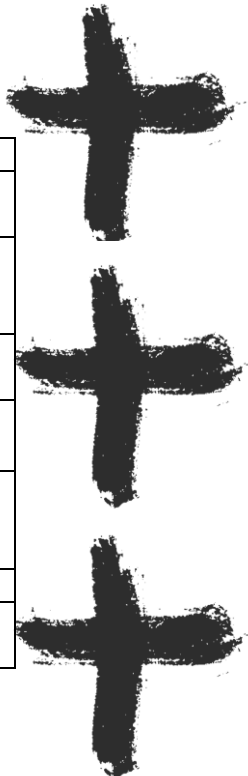
Meanwhile, **‘WHERE ARE OUR YOUNG PEOPLE?’** How can we help young people on their journey with Christ? How do we engage with the young people in our parish? What are young people searching for? Ben Aldridge, Youth Chaplain at St Mary’s in Hereford, in conjunction with the Evangelisation department will be speaking in Cardiff to address these issues. Ben will be sharing his experiences as a young person, a youth worker and a school Chaplain. **This Monday February 12th, 7:30pm - 9pm, Pastoral Resources Centre.** For more information, please email madeline.page@rcadc.org or call 029 2036 5965.

PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick or housebound, and those who care for them, including:

- | | | | | |
|------------------|------------------|----------------|------------------------|----------------|
| Pamela Griffiths | Teresa Meade | Sheila Harris | Gerry Phenis | Graham Jenkins |
| Sandra Bray | Jean Kerrigan | Lloyd Jones | John Maguire | Cecelia Mawby |
| Pat Emanuelli | Dorothy Warmsley | Isobel Cummins | Pauline Richards | David Mabey |
| Valerie Donovan | Paul Costigan | Margaret Jones | Carol Morrissey | Claris Howell |
| Tess Thomas | Grace Donovan | Mary Camwell | Wilson Brown | David Warmsley |
| Martyn Western | Maureen Yemm | Terry Wilson | Mary + Bill Morrissey. | |

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

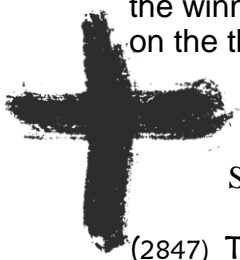
Date	Time	Event
Mon 12 th February	9.30am 7.30pm	Parents & Toddlers P.A.C.
Tues 13 th February	10.30am 3.00pm – 4.00pm 6.30pm	Music Appreciation Interviews (s.m.r.) Communion Parents Preparation
Wed 14 th February	9.30am 7.00pm	Parents & Toddlers W.I.
Thurs 15 th February	2.00pm – 4.00pm 6.30pm	Sunshine Club Youth Club
Fri 16 th February	7.00am 1.00pm 7.30pm	Breakfast History Group The (early) Monthly Quiz
Sat 17 th February	9.30am – 12.30pm	Dance
Sun 18 th February	11.30am 6.00pm	Tea, Coffee, & Biscuits The Night Shelter



OFFERTORY COLLECTION	4 th February 2018
Gift Aid Weekly	£ 132.00
Non Gift Aid Weekly	£ 118.59
Gift Aid Standing Orders	£ 502.04
Non Gift Aid Standing Orders	£ 65.00
Loose	£ 305.15
TOTAL	£1122.78 <i>Many thanks</i>



LOTTERY BONUS BALL CONGRATULATIONS to Gerard Morris and John Sweeney, the winners of the Bonus Ball no. 57. A total of £79.00 was made for parish funds. No winner on the third sheet. **TRY YOUR LUCK AGAIN THIS WEEK.**



CHRISTIAN PRAYER.

Section Two: **The Lord's Prayer: 'Our Father'** Article 3: **The Seven Petitions.**
VI. 'And Lead Us Not into Temptation'

(2847) The Holy Spirit makes us *discern* between trials, which are necessary for the growth of the inner man. (Cf. *Luke 8: 13 – 15; Acts 14: 22; Romans 5: 3 – 5; 2 Timothy 3: 12.*) and temptation, which leads to sin and death. (Cf. *James 1: 14 – 15.*) We must also discern between being tempted and consenting to temptation. Finally, discernment unmasks the lie of temptation, whose object appears to be good, a 'delight to the eyes' and desirable, (Cf. *Genesis 3: 6.*) when in reality its fruit is death.

God does not want to impose the good, but wants free beings... There is a certain usefulness to temptation. No-one but God knows what our soul has received from him, not even we ourselves. But temptation reveals it in order to teach us to know ourselves and, in this way, we discover our evil inclinations and are obliged to give thanks for the goods that temptation has revealed to us. (Origen, *De orat.* 29: PG 11, 544C-D.)

Catechism of the Catholic Church 1992

Parish Directory

Priest: Revd. John Kelly 20883192;

Church Student: Elliot Hanson: 20883192;

Bereavement support: 20863450

Music: Brett Pugh 07971848734.

Saint Helen's School: 20852532

Newsletter items: 20883192

Parish@sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com

Chair of Parish Council: Graham Taylor 20860919

Safeguarding Officer: 20864112

SVP: 20866838

Cafod: 20861930

Marriage Care: appointments@marriagecare.co.uk

Hall: 20883192

Piety shop: Norma Bromily 20862998

Cardinal Newman School: 01443 494110

Calendar Additions: calendar@sthelenscaerphilly.com

www.sthelenscaerphilly.com

